

Tata Technologies: Supporting working mothers

Recognising the importance of supporting working mothers and their commitment to both family and career, Tata Technologies has established dedicated nursing rooms within the company corporate facility to provide a comfortable, private, and hygienic space for breastfeeding and pumping mothers. The commitment fosters a more inclusive and supportive work environment, while attracting and retaining top talent.

The dedicated nursing rooms have lockable doors and partitions/curtains to ensure privacy and security for multiple users. The rooms feature comfortable seating, a relaxing ambiance, and adjustable lighting, along with a sink for handwashing. A refrigerator for storing breast milk and storage space for pumps and supplies are also provided. The nursing rooms are conveniently located and easily accessible.

Context

Nursing rooms are a valuable resource for supporting working mothers and fostering a positive work environment. By incorporating these dedicated spaces, Tata Technologies demonstrates its commitment to employee well-being and a balanced work-life experience.



Benefits

- **Support for Nursing Mothers:** Creates a supportive environment that encourages breastfeeding and pumping.
- **Increased Comfort and Convenience:** Offers a dedicated space more comfortable than restrooms or public areas.
- **Promotes Health and Well-being:** Facilitates breastfeeding, which offers numerous health benefits for both mothers and infants.
- **Compliance with Regulations:** Ensures compliance with Break Time for Nursing Mothers provision.
- **Improved Employee Productivity:** Reduced stress for new mothers can lead to a more focused and productive work experience.

